

The American Express Platinum Credit Card

PREMIUM PLATINUM GLOBAL ASSISTANCE

1- GENERAL

1.1 GUIDELINES

To comply with the terms and conditions and in order to receive benefits under the present group policy The American Express Platinum Credit Cardmember member must contact Platinum Services as soon as a claim or potential claim arises. In any event, The American Express Platinum Credit Cardmember Platinum Services before incurring expenses over US\$250 or as soon as physically possible, in order to obtain prior authorisation by the assistance service provider:

1.2 SPECIFIC APPLICATION

American Express Limited Network Card Issuer: Amex (Saudi Arabia) Limited, a company incorporated and organized under the laws of the Kingdom of Saudi Arabia and having its registered office at P O Box 6624, Riyadh, 11452, Saudi Arabia. In an emergency, The American Express Platinum Credit Cardmember should call American Express on: 800 119 5555 or +966 1 474 9035 from outside the kingdom, giving The American Express Platinum Credit Cardmember's name, Card number and as much information as possible. Please give the ASSISTANCE SERVICE PROVIDER a telephone, fax or telex number where the Cardmember can be contacted.

All emergency services are open 24 hours a day, 365 days a year.

The ASSISTANCE SERVICE PROVIDER for this Specific Application:

Gulf Assist, Manama Center, Entrance 3, Floor 3, P.O. Box: 2790, Manama, Kingdom of Bahrain

2- DEFINITIONS

2.1 THE INSURER

Benefits 1 - 10 are underwritten by:

Gulf Assist, Manama Center, Entrance 3, Floor 3, P.O. Box: 2790, Manama, Kingdom of Bahrain

2.2 THE POLICYHOLDER:

AMERICAN EXPRESS TRAVEL RELATED SERVICES, a corporation incorporated and validly existing under the laws of the State of Delaware, having its principal office at Manama Center, Entrance 3, Floor 3, P.O. Box: 2790, Manama, Kingdom of Bahrain

2.3 THE PROGRAMME ADMINISTRATOR AND ASSISTANCE SERVICE PROVIDER:

Gulf Assist, Manama Center, Entrance 3, Floor 3, P.O. Box: 2790, Manama, Kingdom of Bahrain

2.4 THE BENEFICIARY

The Beneficiary of this Group Policy issued to American Express Limited are worldwide American Express Limited Network CARD Issuers (THE ISSUER). The Benefits are extended free of charge to: - the account holder of The American Express Platinum Credit Cardmember issued by [THE ISSUER] (the Cardmember) in the COUNTRY OF DEPARTURE;

- his/her dependent spouse and children under 19 years of age in full-time education, living at HOME;

The Cardmember and dependents must have their permanent residence in the COUNTRY OF DEPARTURE and all must be no more than 80 years of age, in a good state of health and fit to travel. Coverage for dependents applies only if they are travelling with the Cardmember.

The Cardmember is covered during an unlimited number of private or business TRIPS commencing and ending in the COUNTRY OF DEPARTURE world-wide, with the exception of the COUNTRY OF DEPARTURE, of maximum 91 consecutive days.

Specific Definitions with respect to certain Benefits may apply.

2.5 MEANING OF WORDS APPLYING TO THE WHOLE POLICY

2.5.1 BUSINESS ASSOCIATE

Means a business partner, director or the Cardmembers employee who has a close working relationship with the Cardmember, as certified by a Director or Manager.

2.5.2 CLOSE RELATIVE:

Spouse, mother, father, mother-in-law, father-in-law, daughter, son, (including legally adopted daughter or son, step-daughter or son), daughter-in-law, son-in-law, brother, sister of the Cardmember.

2.5.3 COUNTRY OF DEPARTURE:

Country in which the Card is issued in.

2.5.4 FAMILY:

The Cardmember, his/her spouse, the natural, foster or adopted child/children or legal ward of the Cardmember, each child being under 19 years of age in full-time education and living at HOME at the time the period of validity of the Card.

2.5.5 GEOGRAPHICAL LIMITS: The Cardmember is covered world-wide with the exception of the COUNTRY OF DEPARTURE.

Please note the following:

If the Cardmember is undertaking a holiday on a cruise ship, all appropriate benefits will apply when the Cardmember is on board the cruise ship and whilst the Cardmember is embarking or disembarking. The INSURER will not pay for the costs of air-sea rescue or emergency transfer ship to shore.

2.5.6 HOME:

The Cardmember's principal place of residence in the COUNTRY OF DEPARTURE.

2.5.7 MANUAL WORK:

Work involving hands-on involvement with the installation, assembly, maintenance or repair of electrical, mechanical or hydraulic plant, (other than in a purely managerial/supervisory, sales or administrative capacity), or the undertaking of any trade of plumber, electrician, lighting or sound technician, carpenter, painter/decorator or builder, or manual labour of any kind (other than in the catering industry).

2.5.8 MEDICAL EMERGENCY:

A bodily injury sustained, or sudden and unforeseen illness suffered, by the Cardmember whilst on a TRIP which results in immediate in-patient or out-patient TREATMENT being deemed necessary by a licensed medical practitioner.

2.5.9 POLICY EXCESS:

The first US\$ 100 per Cardmember and/or dependent per each and every occurrence of out-patient treatment.

2.5.10 PRE-EXISTING MEDICAL CONDITION:

Any medical or mental condition existing prior to a TRIP and/ or causing the Cardmember and/or dependent pain or physical distress or severely restricting his or her normal mobility, and including (but not limited to):

- a condition for which the Cardmember is on a waiting list for hospital in-patient TREATMENT;
- a condition referred to a medical specialist or the cause of in-patient TREATMENT within the six months prior to the TRIP;
- any mental condition including fear of flying or other travel phobia;
- a condition for which a terminal prognosis has been provided by a medical practitioner.

2.5.11 STRIKE OR INDUSTRIAL ACTION:

Any form of industrial action, whether organised by a trade union committee or not, which is carried on with the intention of preventing, restricting or otherwise interfering with the production of goods or the provision of services.

2.5.12 TREATMENT:

Surgical or medical procedures, the sole purpose of which is the cure or relief of acute illness or injury.

2.5.13 TRIP:

The Cardmember is covered during an unlimited number of private or business TRIPS commencing and ending in the COUNTRY OF DEPARTURE world-wide, of maximum 91 consecutive days; the cover is, however, limited to a total of 183 days spent outside the COUNTRY OF DEPARTURE in any 12 month period.

Please note the following:

The Cardmember will be covered when undertaking Winter Sports, on condition that the total time the Cardmember spends engaged in these activities does not exceed a maximum of 17 days in total per annual period of insurance.

2.5.14 WINTER SPORTS:

On- and off-piste skiing, on- and off-piste snowboarding, tobogganing, glacier skiing, outdoor ice skating on recognised public rinks.

The Cardmember is covered when taking part in WINTER SPORTS, as defined above, on condition that the total time the Cardmember spends engaged in these activities does not exceed a maximum of 17 days in total per annual period of insurance.

The Cardmember is not covered when engaging in bobsleigh, heli skiing, ice hockey, luge, paraskiing, skeleton, ski jumping, ski racing or ski stunting.

Special Conditions applying Off-Piste

The INSURER expects the Cardmember to comply with the following guidelines:

- The Cardmember must observe the rules of the resort or area. If in doubt, the Cardmember should follow the advice of local authorised guides or instructors.
- Where off-piste is only allowed in the company of a guide, the guide's advice should be strictly followed.
- Inexperienced skiers or snowboarders should not go off-piste except under the supervision of an authorised guide.
- As a general rule, the Cardmember should exercise common sense and follow sensible local practices.

3. BENEFITS

3.1 ASSISTANCE SERVICES

The Cardmember is entitled to obtain:

3.1.1 MEDICAL EMERGENCY ASSISTANCE

3.1.1.1 REFERRALS TO MEDICAL SERVICES:

Physicians, hospitals, clinics, ambulances, private duty nurses, dentists, dental clinics, services for the disabled, opticians, ophthalmologists, pharmacies, suppliers of contact lenses and medical aid equipment.

3.1.1.2 DISPATCH OF A DOCTOR ON THE SPOT:

If the Cardmember's condition or the circumstances require it, Gulf Assist, will send a doctor to the Cardmember in order to assess the medical condition; (the cost of health treatment and any doctor's fees shall be borne by the Cardmember unless covered under a benefit of this Group Policy).

3.1.1.3 HOSPITAL ADMISSION:

Gulf Assist will organise the subsequent admission into an appropriate hospital and, if requested, guarantee the medical expenses (to be charged to Cardmember's account and subject to authorisation by the ISSUER, unless covered under a benefit of this Group Policy).

3.1.1.4 DISPATCH OF NECESSARY MEDICINES WHICH CANNOT BE FOUND LOCALLY:

If the Cardmember's condition or the circumstances require it, and if legally possible, Gulf Assist will despatch the medicine to the Cardmember's location. The cost of the medicine shall be borne by the Cardmember. The cost of shipment shall be borne by Gulf Assist.

3.1.1.5 REPLACEMENT OF BROKEN, LOST OR STOLEN GLASSES OR CONTACT LENSES:

If the Cardmember's condition or the circumstances require it, Gulf Assist, will despatch replacement lenses or glasses to the Cardmember's location. The cost of the actual lenses or glasses shall be borne by the Cardmember. The cost of shipment shall be borne by Gulf Assist

3.1.1.6 TRANSFER OF LOST OR FORGOTTEN PRESCRIPTIONS

When possible by law, Gulf Assist shall endeavour to facilitate the transfer of a prescription from a Cardmember's home pharmacy to a local pharmacy. The cost of the medication and any prescription charges shall be borne by the Cardmember.

3.1.2 LEGAL ASSISTANCE

3.1.2.1 LAWYER REFERRALS

If the Cardmember is jailed (or threatened to be jailed) Gulf Assist shall appoint and advance the fees of a lawyer up to US\$ 1,000 (to be charged to Cardmembers' account and subject to authorisation by the ISSUER).

3.1.2.2 ADVANCE PAYMENT FOR BAIL BOND

If the beneficiary is jailed (or threatened to be), Gulf Assist shall advance the bail bond up to US\$ 10,000 (to be charged to Cardmembers' account and subject to authorisation by the ISSUER).

3.1.2.3 DISPATCH OF AN INTERPRETER

In case of imprisonment or hospitalisation and circumstances demand the services of an interpreter, Gulf Assist shall make the necessary arrangements. (to be charged to the Cardmember's account and subject to authorisation by the ISSUER). .

3.1.3 PERSONAL ASSISTANCE

3.1.3.1 Gulf Assist WILL ENDEAVOUR TO PROVIDE:

Information for preparing a journey

Information on visas, passports

Information on inoculation requirements for foreign travel

Information on customs and duty regulations

Information on foreign exchange rates and value added taxes

Referrals to American Express Travel Service Offices World-wide

Referrals to Embassies or Consulates

Referrals to Interpreters

3.1.4 TRAVEL ORIENTED EMERGENCY ASSISTANCE

3.1.4.1 CASH ADVANCES

In the event of lost or stolen cash, travellers cheques, credit and charge cards or in the event that there are no American Express Travel Service Offices or automatic teller machines (ATMs) available at the Cardmember's location, Gulf Assist shall advance cash to the Cardmember up to US\$ 1,000 (to be charged to Cardmember's account and subject to authorisation by the ISSUER).

3.1.4.2 URGENT MESSAGE RELAY

Transmission of urgent messages from the Cardmember to relatives, business associates, friends residing in his/her country of residence and vice versa.

3.1.4.3 LUGGAGE ASSISTANCE

Gulf Assist will provide assistance in locating lost luggage and shall provide to the Cardmember regular updates on the location status.

3.1.4.4 ASSISTANCE FOR RETURN TRIP

In case of loss or theft of the American Express Card or identity papers necessary to return home, Gulf Assist will provide assistance in replacing them. In the event of loss or theft of the transportation ticket to return home, a replacement transportation ticket shall be provided for an amount up to US\$ 1,000. (to be charged to Cardmember's account and subject to authorisation by the ISSUER)

3.2 ASSISTANCE BENEFITS

3.2.1 MEDICAL BENEFITS Cover under section 3.2. - depends on the Cardmember and/or dependent being in a good state of health and fit to undertake the TRIP immediately prior to their departure on the TRIP, as it may be stated in a letter from the Cardmember's and/or dependant's family physician.

3.2.1.1 BENEFIT 1: MEDICAL EXPENSES

The INSURER will pay the following costs for each Cardmember and/or dependent who sustains bodily injury or suffers illness or dies whilst on a TRIP:

Up to US\$ 150,000 for Inpatient Treatment i.e. reasonable medical expenses necessarily incurred for the immediate needs of a MEDICAL EMERGENCY. Included are doctor's

fees, hospital expenses, medical TREATMENT and medical transportation charges for conveyance of the Cardmember to the nearest suitable hospital abroad.

Up to US\$ 20,000 (with POLICY EXCESS of US\$ 100) for Outpatient Treatment i.e. reasonable medical expenses for doctors fees incurred for the immediate needs of a MEDICAL EMERGENCY.

3.2.1.2 BENEFIT 2: DENTAL TREATMENT

Costs of providing emergency dental TREATMENT up to US\$ 250 for the immediate relief of pain; and/or emergency repairs to dentures or artificial teeth carried out solely to alleviate distress in eating.

3.2.2 BENEFIT 3: REPATRIATION EVACUATION

Additional travelling costs incurred in repatriating the Cardmember to the COUNTRY OF DEPARTURE when recommended by Gulf Assist's Senior Medical Officer. The INSURER will pay for the cost of a medical escort if considered necessary. Also the INSURER will pay the additional travelling and reasonable accommodation costs incurred in returning to the Cardmember's HOME address the Cardmember's spouse or common law or same sex partner and/or the Cardmember's children) accompanying the Cardmember on the TRIP and subject to being covered under this Group Policy.

3.2.3 BENEFIT 4: REPATRIATION OF REMAINS

Transportation costs of returning the Cardmember's body to the HOME in the COUNTRY OF DEPARTURE.

OR ALTERNATIVELY

Cremation of a Cardmember abroad and transportation costs of returning the ashes to the HOME in the COUNTRY OF DEPARTURE

OR ALTERNATIVELY

Burial of a deceased Cardmember abroad (costs payable up to US\$ 3,000).

3.2.4 BENEFIT 5: ADDITIONAL COST FOR ACCOMMODATION

In the event of a valid claim under Benefit 3 Gulf Assist will pay costs up to an overall limit of US\$ 100 per day for up to 5 days for the following:

Additional accommodation arranged by Gulf Assist for one person required on medical advice to stay at a hotel prior to his/her return to the COUNTRY OF DEPARTURE.

What is not covered:

accommodation costs other than the cost of the room.

anything mentioned in 4.2 General Exclusions.

3.2.5 BENEFIT 6: ADDITIONAL TRAVEL EXPENSES

In the event of repatriation of the Cardmember and/or his/her dependents, Gulf Assist will pay additional travel expenses arranged by Gulf Assist for the other person covered under the Group Policy to return to the COUNTRY OF DEPARTURE, provided that the original travel ticket cannot be used.

What is not covered:

Anything mentioned in 4.2 General Exclusions.

3.2.6 BENEFIT 7: VISIT OF A CLOSE RELATIVE

In the event of in-patient treatment of the Cardmember and/or his/her dependents for more than 7 consecutive days, the INSURER will pay for the cost of a round trip ticket for a CLOSE RELATIVE, living in the COUNTRY OF DEPARTURE, to enable him/her to visit the hospitalised person at the overseas location.

3.2.7 BENEFIT 8: RETURN HOME OF CHILDREN

Additional travelling costs incurred in returning each dependent, being a child under 15 years of age, to the HOME address in the COUNTRY OF DEPARTURE if incapacity of the responsible Cardmember leaves such child unsupervised. A competent person will be provided to accompany the child HOME. What is not covered:

Any air travel costs in excess of a one-way economy/tourist class ticket for each child to be repatriated.

3.2.8 BENEFIT 9: MEDICAL ASSISTANCE TO CHILDREN AT HOME

In the event of sickness or injury of the Cardmember's child being less than 15 years of age and left at home while the Cardmembers is travelling outside the COUNTRY OF DEPARTURE, Gulf Assist shall monitor the child medical condition and keep the Cardmember informed. Any subsequent need for transportation and hospitalisation of the child shall be organised by Gulf Assist and charged to the Cardmembers' account and subject to authorisation by the ISSUER. Subsequent need for the Cardmember to return to the COUNTRY OF DEPARTURE will be covered under Benefit: 3.3.1

What is not covered:

Any cost for treatment or transportation in the COUNTRY OF DEPARTURE. Specific Exclusions applying to all benefits defined in section 3.2

What is not covered:

1. Costs in excess of US\$ 250 which have not been authorised by Gulf Assist in advance (when the Cardmember has not been physically prevented through the Cardmember's medical condition from contacting the Assistance Service Provider).
2. PRE-EXISTING MEDICAL CONDITIONS.
3. Pre-planned or pre-known medical TREATMENT abroad or travel undertaken solely for such purpose.
4. TREATMENT for cosmetic purposes.
5. Any costs relating to pregnancy within eight weeks of the estimated date of delivery.
6. TREATMENT which, in the opinion of the medical practitioner or dentist treating the Cardmember, can reasonably be delayed until the Cardmember's return to the COUNTRY OF DEPARTURE.
7. Any costs incurred outside the COUNTRY OF DEPARTURE, after the date when the Cardmember's repatriation is both medically feasible and logistically

- practicable in the opinion of Gulf Assist's Senior Medical Officer, in excess of those which would be incurred in repatriating the Cardmember at that date.
8. Any costs incurred in the COUNTRY OF DEPARTURE other than in connection with the Cardmember's transportation or remains to HOME from abroad.
 9. Any costs where the transportation has not been arranged by the INSURER.
 10. Dental TREATMENT involving the supply of dentures or artificial teeth or the use of precious metals.
 11. Any costs incurred when the Cardmember is engaging in the following WINTER SPORTS: bobsleigh, heli skiing, ice hockey, luge, paraskiing, skeleton, ski jumping, ski racing, ski stunting.
 12. Air sea rescue costs.
 13. Anything mentioned in 4.2 General Exclusions.

3.3 PERSONAL ASSISTANCE BENEFITS

3.3.1 BENEFIT 10: EMERGENCY RETURN HOME

Gulf Assist will pay all necessary additional travelling costs incurred in transporting the Cardmember HOME early from a TRIP (and, if required, back to the overseas location within the original period of the booked TRIP) as a result of the following:

The sudden and unforeseen death or imminent demise, or the sudden and unforeseen hospitalisation due to serious accident or illness, of a CLOSE RELATIVE or BUSINESS ASSOCIATE in the COUNTRY OF DEPARTURE during the period of a TRIP which requires the Cardmember's immediate return.

Accidental damage to, or burglary, flooding or fire affecting the Cardmember's HOME or usual place of business in the COUNTRY OF DEPARTURE when a loss in excess of US\$ 2,000 is involved or when the Cardmember's presence is required by the Police in connection with such events. What is not covered:

1. Any illness, or death or imminent demise of a CLOSE RELATIVE due to a PRE-EXISTING MEDICAL CONDITION.
2. Any costs when the transportation has not been arranged by Gulf Assist
3. Any air travel costs in excess of an economy/tourist class ticket for each Cardmember.
4. Anything mentioned in 4.2 General Exclusions.

4. GENERAL TERMS APPLYING TO ALL PARTS OF THIS GROUP POLICY

4.1 GENERAL CONDITIONS

- 4.1.1 The Cardmember must exercise reasonable care for the supervision and safety of the Cardmember's property.
- 4.1.2 The Cardmember must take all reasonable steps to avoid or minimise any claim.
- 4.1.3 The Cardmember must avoid needless exposure to peril except in an attempt to save human life.
- 4.1.4 The INSURER will make every effort to apply the full range of services in all circumstances dictated by the terms and conditions. Remote geographical locations or unforeseeable adverse local conditions may preclude the normal standard of service being

provided but in all cases where such difficulties pertain, the full monetary benefits of the insurance cover will apply.

4.1.5 The Cardmember must comply with all the terms and conditions of this Group Policy before a claim will be paid. The Cardmember must make no admission, offer, promise or payment without Gulf Assist prior consent.

4.1.6 In the event of an emergency or of any occurrence which may give rise to a claim for costs exceeding or likely to exceed US\$ 250 under this Group Policy, the Cardmember must contact Gulf Assist immediately when the Cardmember is able to do so and before the Cardmember authorise any costs and expenses.

4.1.7 The INSURER is entitled to take over the Cardmember's rights in the defence or settlement of a claim or to take proceedings for its own benefit against another party and shall have full discretion in such matters. The INSURER may, at any time, pay to the Cardmember its full liability under this Group Policy after which no further liability shall attach to the INSURER in any respect or as a consequence of such action.

4.1.8 If the Cardmember is repatriated, he/she must give the INSURER the benefit of any unused travel tickets which would otherwise have been utilised by the Cardmember.

4.1.9 The Cardmember must give the INSURER written notice of any event which may lead to a claim, within 28 days of the Cardmember's return HOME to the COUNTRY OF DEPARTURE. As often as the INSURER requires the Cardmember shall submit to medical examination at the INSURER's expense. In the event of the death of the Cardmember the INSURER shall be entitled to have a post mortem examination carried out at the INSURER's expense. The Cardmember must supply the INSURER with a written statement substantiating the Cardmember's claim, together with (at the Cardmember's own expense) all certificates, information, evidence and receipts that the INSURER requires.

4.1.10 If any fraudulent claim is made or if any fraudulent means or devices are used to obtain any benefit under the insurance, this Group Policy shall become void and the premium paid shall be forfeited. Any benefits so claimed and received by the Cardmember or BENEFICIARY must be repaid to the INSURER.

4.1.11 If any dispute arises as to Group Policy interpretation or as to any rights or obligations under the Group Policy, the INSURER shall offer the Cardmember the option of resolving this by using the Arbitration procedure the INSURER has arranged. Please see the details shown in 6 Complaints Procedure. Using this Service will not effect the Cardmember's legal rights.

4.1.12 The Cardmember will be required to reimburse to the INSURER, within one month of the INSURER's request to the Cardmember, any costs or expenses the INSURER has paid out on the Cardmember's behalf which are not covered under the terms of this insurance.

4.1.13 The POLICY EXCESS, as and when applicable, will be deducted in respect of each and every separately identifiable occurrence of loss, whether notified to the INSURER as one claim or otherwise.

4.1.14 All benefits and services insured under this Group Policy will be provided subject to the laws of the country where the incident giving rise to the claim occurs.

4.1.15 When engaging in any sport or holiday activity (not excluded under the General Exclusions), the Cardmember must accept and follow the supervision and tuition of

experts qualified in the pursuit or activity in question and the Cardmember must use all appropriate precautions, equipment and eye protection.

4.1.16 The following sports and activities are not covered: American football; boxing; bungee jumping; flying (other than as a fare-paying passenger in a licensed passenger-carrying aircraft); go karting; hang gliding; hot air ballooning; martial arts; micro lighting; mountain biking; mountaineering; motor rallies; parachuting; paragliding; piloting an aircraft; polo; potholing; rock climbing; rugby; tour operator safari, using guns; white water canoeing; yachting more than 20 nautical miles from the nearest coastline; the following WINTER SPORTS activities: bobsleigh, heli skiing, ice hockey, luge, paraskiing, skeleton, ski jumping, ski racing, ski stunting.

4.1.17 The following sports and activities will only be covered if the Cardmember undertake these sports and activities as only incidental to the main purpose of the Cardmember's TRIP: jetskiing; parascending; scuba diving below 30 metres; white water rafting.

4.1.18 Although the INSURER is prepared to cover the Cardmember when undertaking certain sports and activities, the availability of the insurance cover does not, in itself, imply that the INSURER or the issuer consider such sports and activities as safe. At all times the Cardmember must satisfy the condition that the Cardmember is capable of safely undertaking the planned sport or activity, and the Cardmember must take all due care to avoid injury, accident or loss to yourself and to others.

4.2 GENERAL EXCLUSIONS

No Benefit of this Group Policy shall apply in respect of: 4.2.1 Expense which at the time of happening is insured by, or would, but for the existence of this Group Policy, be insured by any other existing certificate, policy or any organisation's service. If the Cardmember has any other policy in force which may cover the event for which the Cardmember is claiming, the Cardmember must tell the INSURER.

4.2.2 Costs which would have been payable if the event being the subject of a claim had not occurred.

4.2.3 Any wilful act of the Cardmember.

4.2.4 Needless self-exposure to peril except in an endeavour to save human life.

4.2.5 The Cardmember's suicide, insanity, intentional self-injury, alcoholism, drug addiction or solvent abuse or the Cardmember being under the influence of alcohol or drug.

4.2.6 Sexually transmitted diseases.

4.2.7 Any injury, illness, death, loss, expense or other liability attributable to HIV (Human Immunodeficiency Virus) and/or any HIV related illness including AIDS and/or any mutant derivatives or variations thereof however caused.

4.2.8 The Cardmember engaging in MANUAL WORK in conjunction with any profession, business or trade during the TRIP.

4.2.9 The Cardmember engaging in or practising for the following sports and activities: hunting; professional sports; horse jumping; hunting on horseback; steeplechasing; solo mountain climbing; any form of motor racing, speed, performance or endurance tests; solo caving; cave diving.

4.2.10 Loss, damage, death, injury, illness, disablement or expense caused by: war; invasion; act of foreign enemy; hostilities (whether war be declared or not); terrorist activity; civil war; rebellion; revolution; insurrection; military or usurped power; the Cardmember taking part in civil commotion or riot of any kind; the Cardmember fighting (except in self-defence)

4.2.11 Loss or destruction or damage or any expense whatsoever resulting from: ionising radiations or contamination by radioactivity from any nuclear waste from the combustion of nuclear fuel, or the radioactive, toxic, explosive or other hazardous properties of any explosive nuclear assembly or nuclear component thereof.

4.2.12 Consequential loss of any kind arising from the provision of, or any delay in providing, the services to which this Group Policy relates, unless negligence on the INSURER's part can be demonstrated.

5. MAKING A CLAIM

The Cardmember must check the Terms and Conditions of Insurance and the appropriate Section of this Group Policy to make sure that what he/ she is claiming for is covered. Contact American Express on 800 119 5555 or +966 1 474 9035 from outside the kingdom

All claims must be submitted within 28 days of the Cardmember's return HOME from a TRIP, on a Group Policy claim form, accompanied by original invoices, receipts, reports, etc.

Please refer to the relevant Section of this Group Policy for specific conditions and details of the supporting evidence that the INSURER require.

Please remember that it is always advisable to retain copies of all documents when submitting the Cardmember's claim form.

6. COMPLAINTS PROCEDURE

The INSURER aims to provide a first class service at all times. However, if the Cardmember has any complaint regarding the standard of service the Cardmember has received under the American Express Group Travel Assistance Policy, the following procedure is available to the Cardmember to resolve the situation: Please write to the Relationship manager at Gulf Assist: Gulf Assist, Manama Center, Entrance 3, Floor 3, P.O. Box: 2790, Manama, Kingdom of Bahrain